

# RESOURCE<sup>®</sup> ENERGY

## DESCRIPTION

Resource<sup>®</sup> Energy is a 1.5 kcal/ml ready to drink oral nutritional supplement high in energy. It is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

## PRESENTATION

200ml bottle; prescribing unit 4 x 200ml bottles. 6 units (4 x 200ml bottles) per case (24 bottles). Available in 6 flavours; Apricot, Chocolate, Vanilla, Coffee, Banana, Strawberry-Raspberry.

## INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland) for the following indications: disease related malnutrition, short bowel syndrome, intractable malabsorption, bowel fistulae, proven inflammatory bowel disease, dysphagia, pre-operative preparation of undernourished patients and after total gastrectomy.

## INGREDIENTS - VANILLA FLAVOUR\*

Water, Glucose Syrup, Milk Proteins, Vegetable Oils (Rapeseed, Corn, Soy), Sucrose, Minerals (Potassium Chloride, Magnesium Chloride, Sodium Citrate, Magnesium Oxide, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride, Sodium Selenate, Chromium Chloride, Sodium Molybdate, Potassium Iodide), Stabiliser (E339), Emulsifier (E471), Vitamins (C, E, Niacin, Pantothenic Acid, B6, B1, A, B2, D, K, Folic Acid, Biotin), Thickener (Carrageenan), Flavourings. Gluten free, Clinically nil lactose.

## ADMINISTRATION AND DOSAGE

Best served chilled. Shake well before use. Suitable as sole source of nutrition or supplement. Nutritionally complete in 940ml for females and 1000ml for males.

Recommended dosage: 1-3 servings per day or as recommended by the healthcare professional if used as sole source of nutrition.

## SHELF LIFE AND STORAGE

10 months. Unopened, store in a cool, dry place. Once open recap, refrigerate and use within 24 hours.

## PRECAUTIONS

Suitable for children above 3 years of age. For oral or enteral feeding only.



# NUTRITION INFORMATION - VANILLA FLAVOUR\*

Typical values	Per 100ml	Per 200ml
<b>General</b>		
Energy kJ/kcal	637/151	1274/303
Fat (30 % kcal) g	5	10
of which saturates g	0.7	1.4
of which monounsaturates g	1.9	3.8
of which polyunsaturates g	2.3	4.6
Carbohydrate (55% kcal) g	21	42
of which sugars g	5.7	11.4
of which lactose g	<0.5	<1.0
Fibre (0% kcal) g	0	0
Protein (15% kcal) g	5.6	11.2
Salt g	0.2	0.4
<b>Vitamins</b>		
A µg	138	276
D µg	1.8	3.6
K µg	14	28
C mg	15	30
Thiamin (B1) mg	0.23	0.46
Riboflavin (B2) mg	0.22	0.44
B6 mg	0.35	0.7
Niacin mg/mg NE	1.1/2.5	2.2/5
Folic acid µg	45	90
B12 µg	0.22	0.44
Pantothenic acid mg	0.85	1.7
Biotin µg	6.3	13
E mg αTE	3	6
<b>Minerals</b>		
Sodium mg/mmol	80/3.5	160/7.0
Chloride mg/mmol	185/5.2	370/10.4
Potassium mg/mmol	170/4.4	340/8.8
Calcium mg/mmol	80/2.0	160/4.0
Phosphorus/Phosphate mg/mmol	80/2.6	160/5.2
Magnesium mg/mmol	28/1.2	56/2.3
Iron mg	1.7	3.4
Zinc mg	1.7	3.4
Copper mg	0.19	0.38
Iodine µg	16	32
Selenium µg	8	16
Manganese mg	0.35	0.7
Chromium µg	7.5	15
Molybdenum µg	13	26
Fluoride mg	0.15	0.3

Osmolarity: 488 mOsm/l  
Osmolality: 692 mOsm/kg  
NE= Niacin Equivalent