

VitajouleTM

Vitajoule™

ACBS

Description

Food for special medical purposes

Vitajoule is a neutral-tasting carbohydrate powder supplement. It can be added to a wide variety of food and drink to enhance the energy content with minimal effect on taste, volume and texture.

Indications

Vitajoule is for the dietary management of disease related malnutrition, malabsorption states, other conditions requiring fortification with carbohydrate and as a carbohydrate source in modular feeds.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

1 level scoop weighs approximately 10g of Vitajoule and provides approximately 38kcal.

Preparation Guidelines

Sprinkle Vitajoule onto hot or cold food or drink.

Stir well with a fork until the powder has dissolved.

Add 1 - 2 scoops per serving.

Serving suggestions for Vitajoule are available on request.

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from birth.

Children under 12 months: when made into a solution or added to infant formula, use immediately and discard any remaining within 1 hour.

Not for use as a sole source of nutrition.

For enteral use only.

Use with caution in Diabetes Mellitus.

Nutritional Information

		Per 100g	Per 10g (1 scoop)
Energy	kJ	1615	162
	kcal	380	38
Fat	g	0	0
	of which saturates	g	0
Carbohydrate	g	95	9.5
	of which sugars	g	9.0
Protein	g	0	0
Salt	g	<0.1	<0.01
Minerals			
Sodium	mg	<20	<2.0
	mmol	<0.9	<0.1

Osmolality

10% (10g in a final volume of 100ml) = 110 mOsm/kg

20% (20g in a final volume of 100ml) = 255 mOsm/kg

30% (30g in a final volume of 100ml) = 440 mOsm/kg

Storage

Store in a cool, dry place.

Once tub is opened
use within 3 weeks.

Pack Sizes / Weight

500g e tub



10443_DCS_UK_0419