

PEPTAMEN®

DESCRIPTION

Peptamen® is a 1.0 kcal/ml peptide-based enteral tube feed formulated for optimal digestion and absorption for patients with impaired GI function. It is a partially hydrolysed, 100% whey protein formula with 70% of the fat as MCT. Peptamen® is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

PRESENTATION

500ml SmartFlex® collapsible semi-rigid bottles,
12 x 500ml per case.

1000ml SmartFlex® collapsible semi-rigid bottles,
9 x 1000ml per case.

INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland). Indicated for patients as a sole or supplemental source of nutrition on medical grounds for short bowel syndrome, intractable malabsorption, proven inflammatory bowel disease and bowel fistulae.

INGREDIENTS

Water, maltodextrin, peptides from partially hydrolysed whey protein (milk), MCT oil, soybean oil, minerals (sodium phosphate, calcium citrate, magnesium chloride, potassium chloride, sodium citrate, potassium citrate, sodium chloride, magnesium oxide, calcium phosphate, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, potassium iodide, sodium selenate, sodium molybdate), emulsifiers (soy lecithin, E471), stabilisers (E412, E407), vitamins (C, E, niacin, pantothenic acid, B₆, A, thiamin, riboflavin, folic acid, K, biotin, D), choline chloride, taurine, L-carnitine.

Gluten free.

ADMINISTRATION AND DOSAGE

1500-2000 ml for complete nutrition or ≥500 ml for partial nutrition or as recommended by a healthcare professional.

SHELF LIFE AND STORAGE

Important to shake well before use. Unopened, store in a cool dry place. Once spiked use within 24 hours. Unused portion can be recapped, refrigerated and consumed within 24 hours of opening. If poured out of the pack keep tightly covered and consume within 6 hours if at room temperature.

CONTRAINDICATIONS

Not suitable for patients with cows' milk protein allergy.

PRECAUTIONS

For enteral use only. Suitable for those above 3 years of age.
Do not add food or drugs to the feed.



For healthcare professional use only.

NUTRITION INFORMATION

Typical values	Per 100ml	Per 500ml	Per 1000ml
General			
Energy kcal	100	501	1001
Energy kJ	421	2104	4208
Fat (33% kcal) g	3.7	19	37
of which saturates g	2.6	13	26
- MCT g	2.6	13	26
of which monounsaturates g	0.22	1.1	2.2
of which polyunsaturates g	0.50	2.5	5.0
- omega-3 mg	60	300	600
- omega-6 mg	450	2250	4500
Carbohydrate (47% kcal) g	13	64	127
of which sugars g	0.48	2.4	4.8
of which lactose g	< 0.20		
Protein (20% kcal) g	4.0	20	40
Salt g	0.19	0.95	1.9
Vitamins			
A µg	119	595	1190
D µg	1.1	5.5	11
E mg	1.5	7.5	15
K µg	6.6	33	66
C mg	14	70	140
Thiamin (B1) mg	0.15	0.75	1.5
Riboflavin (B2) mg	0.15	0.75	1.5
Niacin mg	0.67	3.4	6.7
Niacin mg NE	2.2	11	22
B6 mg	0.21	1.05	2.1
Folic acid µg	28	140	280
B12 µg	0.25	1.25	2.5
Biotin µg	3.6	18	36
Pantothenic acid mg	0.65	3.25	6.5
Minerals			
Sodium mg/mmol	74/3.2	370/16	740/32
Potassium mg/mmol	115/2.9	575/14.5	1150/29
Chloride mg/mmol	67/1.9	335/9.5	670/19
Calcium mg/mmol	50/1.2	250/6.0	500/12
Phosphorus mg	50	250	500
Phosphate mmol	1.6	8.1	12
Magnesium mg/mmol	20/0.83	100/4.1	200/8.3/
Iron mg	1.1	5.5	11
Zinc mg	1.0	5.0	10
Copper mg	0.11	0.55	1.1
Manganese mg	0.23	1.1	2.3
Fluoride mg	0.09	0.45	0.90
Selenium µg	6.3	31	63
Chromium µg	6.5	32	65
Molybdenum µg	11	55	110
Iodine µg	14	70	140
Other Nutrients			
Taurine mg	9.5	47.5	95
L-carnitine mg	9.1	45.5	91
Choline mg	21	105	210
Water content g	85.3	-	-

Osmolality: 265 mOsm/kg

Osmolarity: 220 mOsm/l

NE= Niacin Equivalent