



ACBS GMS PBS

Description

Food for special medical purposes

K.Yo™ is a nutritionally complete, very high fat, low carbohydrate, ready to eat, semi-solid food with a 3:1 ratio of fat to carbohydrate and protein. Available in chocolate flavour. With sugar and sweetener.

Indications

K.Yo is for the dietary management of epilepsy in a ketogenic diet; glut 1 deficiency syndrome or other conditions requiring a ketogenic diet.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

Preparation Guidelines

Ready to eat. Can be used in permitted recipes. Further serving suggestions and recipes for K.Yo are available on request or visit www.myketogenicdiet.co.uk

IMPORTANT NOTICE

Use under medical supervision.

Suitable for use as a sole source of nutrition from 3 to 10 years of age, or as a supplementary nutrition from 3 years and onwards.

Ensure an adequate intake of permitted fluids when using K.Yo as part of a ketogenic diet.

For enteral use only.

Nutritional Information

		Per 100g (1 pot)
Energy	kJ	1280
	kcal	310
Fat	g	30
of which		
Saturates	g	2.7
Monounsaturates	g	18
Polyunsaturates	g	8.0
DHA	mg	20
Carbohydrate	g	2.0
of which sugars	g	1.5
Protein	g	8.0
Salt	g	0.29
Vitamins		
Vitamin A (RE)	µg	160
Vitamin D	µg	5.0
Vitamin E (αTE)	mg	4.0
Vitamin K	µg	20
Vitamin C	mg	14
Thiamin	mg	0.25
Riboflavin	mg	0.3
Niacin (Niacin Eq)	mg	2.9 (4.9)
Vitamin B6	mg	0.3
Folic acid	µg	64
Vitamin B12	µg	0.5
Biotin	µg	4.8
Pantothenic acid	mg	0.9

		Per 100g (1 pot)
Minerals		
Sodium	mg	115
	mmol	4.9
Potassium	mg	290
	mmol	7.3
Chloride	mg	180
	mmol	5.0
Calcium	mg	160
	mmol	4.0
Phosphorus	mg	190
	mmol	6.1
Magnesium	mg	29
	mmol	1.2
Trace Elements		
Iron	mg	3.5
Zinc	mg	2.5
Copper	mg	0.23
Manganese	mg	0.31
Selenium	µg	13
Chromium	µg	20
Molybdenum	µg	14
Iodine	µg	37
Taurine	mg	22
L-Carnitine	mg	11
Choline	mg	88

Allergen Declaration

Contains milk (milk protein).

Storage

Store in a cool dry place. The product should be consumed immediately after opening. However, if this is not possible, tightly cover and consume within 4 hours at room temperature or within 24 hours if refrigerated.

Pack Size / Weight

36 x 100g e Net weight 3.6 kg