

## DESCRIPTION

Resource® Energy is a 1.5 kcal/ml ready to drink oral nutritional supplement high in energy. It is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

## PRESENTATION

200ml bottle; prescribing unit 4 x 200ml bottles.

6 units (4 x 200ml bottles) per case (24 bottles).

Available in 3 flavours; Chocolate, Vanilla and Strawberry-Raspberry.

## INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland) for the following indications: disease related malnutrition, short bowel syndrome, intractable malabsorption, proven inflammatory bowel disease, dysphagia, pre-operative preparation of undernourished patients and after total gastrectomy.

## INGREDIENTS - VANILLA FLAVOUR\*

Water, Glucose Syrup, Milk Proteins, Vegetable Oils (Rapeseed, Corn, Soy), Sucrose, Minerals (Potassium Chloride, Magnesium Chloride, Sodium Citrate, Magnesium Oxide, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride, Sodium Selenate, Chromium Chloride, Sodium Molybdate, Potassium Iodide), Stabiliser (E339), Emulsifier (E471), Vitamins (C, E, Niacin, Pantothenic Acid, B6, Thiamin, A, Riboflavin, D, K, Folic Acid, Biotin), Thickener (Carrageenan), Flavourings.

## ADMINISTRATION AND DOSAGE

Shake well before use. Best served chilled. Suitable as sole source of nutrition or supplement. Nutritionally complete in 940ml for females and 1000ml for males. Recommended dosage: 1-3 servings per day or as recommended by the healthcare professional if used as sole source of nutrition.

## SHELF LIFE AND STORAGE

10 months from date of manufacture. Store unopened in a cool, dry place. Once open recap, refrigerate and use within 24 hours.

## CONTRAINDICATIONS

Unsuitable for patients with cows' milk protein allergy.

## PRECAUTIONS

Suitable for children above 3 years of age. For oral or enteral feeding only.



Suitable for children above 3 years of age



Gluten Free



Unsuitable for Cows' Milk Protein Allergy



Vegetarian - Chocolate and Vanilla flavours only

## NUTRITION INFORMATION - VANILLA FLAVOUR

Typical values	Per 100ml	Per 200ml
<b>General</b>		
Energy kJ/kcal	637/151	1274/303
Fat (30 % kcal) g	5.0	10
of which saturates g	0.7	1.4
of which monounsaturates g	1.9	3.8
of which polyunsaturates g	2.3	4.6
Carbohydrate (55% kcal) g	21	42
of which sugars g	5.7	11.4
of which lactose g	<0.5	<1.0
Fibre (0% kcal) g	<0.5	-
Protein (15% kcal) g	5.6	11.2
Salt g	0.2	0.4
<b>Vitamins</b>		
A µg	138	276
D µg	1.8	3.6
E mg	3	6
K µg	14	28
C mg	15	30
Thiamin mg	0.23	0.46
Riboflavin mg	0.22	0.44
B6 mg	0.35	0.7
Niacin mg/mg NE	1.1/2.5	2.2/5
Folic acid µg	45	90
B12 µg	0.22	0.44
Pantothenic acid mg	0.85	1.7
Biotin µg	6.3	13
<b>Minerals</b>		
Sodium mg/mmol	80/3.5	160/7.0
Potassium mg/mmol	170/4.4	340/8.8
Chloride mg/mmol	185/5.2	370/10.4
Calcium mg/mmol	80/2.0	160/4.0
Phosphorus/Phosphate mg/mmol	80/2.6	160/5.2
Magnesium mg/mmol	28/1.2	56/2.3
Iron mg	1.7	3.4
Zinc mg	1.7	3.4
Copper mg	0.19	0.38
Manganese mg	0.35	0.7
Fluoride mg	0.15	0.3
Selenium µg	8	16
Chromium µg	7.5	15
Molybdenum µg	13	26
Iodine µg	16	32
<b>Other Nutrients</b>		
Water content g	77.5	

Osmolarity: 488 mOsm/l  
Osmolality: 692 mOsm/kg  
NE= Niacin Equivalent

\*See individual packs for other flavours

Recipe Code: ACBL085E

