MODULEN[®] IBD



DESCRIPTION

Modulen® IBD is a whole protein powdered formulation for use as a sole source of nutrition during the active phase of Crohn's disease and for nutritional support during the remission phase. It is 100% casein based and provides 25% of the fat as MCT. Modulen® IBD is a nutritionally complete, Food for Special Medical Purposes for the dietary management of Crohn's disease.

PRESENTATION

400g resealable tin with a 8.3g scoop, $12 \times 400g$ tins per case.

INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland). Indicated for use as a sole source of nutrition during the active phase of Crohn's disease or nutritional support during the remission phase in malnourished patients.

INGREDIENTS

Glucose syrup, <u>milk</u> protein, sucrose, <u>milk</u> fat, MCT oil, minerals (magnesium chloride, calcium phosphate, sodium citrate, potassium citrate, potassium hydroxide, calcium carbonate, potassium chloride, manganese sulphate, ferrous sulphate, zinc sulphate, copper sulphate, sodium molybdate, chromium chloride, potassium iodide, sodium selenate), corn oil, emulsifier (<u>soy</u> lecithin), vitamins (C, E, niacin, pantothenic acid, B6, thiamin, A, riboflavin, folic acid, K, biotin, D, B12), choline bitartrate.

ADMINISTRATION AND DOSAGE

One 400g Modulen® IBD tin provides 2000 kcal. The dosage of Modulen® IBD is dependent on the age, weight and clinical condition of the patient. The recommended feed concentration is 1 kcal/ml (20%). As a guide, Modulen® IBD can also be concentrated to provide 1.25 kcal/ml (25% concentration) or 1.5 kcal/ml (30% concentration) but additional fluid should be advised.

SHELF LIFE AND STORAGE

Shelf life of 24 months from date of manufacture. Store unopened in a cool, dry place. Consume the contents within 4 weeks of opening. Once reconstituted, use within 6 hours at room temperature or 24 hours if refrigerated.

CONTRAINDICATIONS

Unsuitable for use in cows' milk protein allergy.

PRECAUTIONS

For oral or enteral feeding only. Suitable for children above 5 years of age. Do not mix with other medication.





Gluten Free



Suitable for children above 5 years of age

Halal



Unsuitable for Vegetarian Cows' Milk Protein Allergy

PREPARATION INSTRUCTIONS

Use the dosage scoop included in the tin.

- 1. Wash hands thoroughly. Follow the mixing table and select the volume required.
- 2. Measure cool boiled or bottled water (room temperature) and pour into a clean bowl or container.
- 3. Scoop and level the desired amount of powder using the scoop in the tin or weigh in grams.
- 4. Add the powder to the water and immediately stir until well mixed
- 5. After use, store the scoop inside the can.

TABLE 1: MIXING GUIDELINES FOR 1.0 KCAL/ML

| Volume of water (ml) | Water needed (ml) | Scoops |
|----------------------|-------------------|--------------------|
| 250 | 210 | 6 (50g) |
| 500 | 420 | 12 (100g) |
| 1000 | 840 | 24 (200g) |
| 2000 | 1,680 | 48 (400g or 1 can) |

TABLE 2: MIXING GUIDELINES FOR 1.25 KCAL/ML

| Volume of water (ml) | Water needed (ml) | Scoops |
|----------------------|-------------------|-----------|
| 250 | 200 | 7.5 (62g) |
| 500 | 400 | 15 (124g) |
| 1000 | 800 | 30 (250g) |
| 2000 | 1,600 | 60 (500g) |

TABLE 3: MIXING GUIDELINES FOR 1.50 KCAL/ML

| Volume of water (ml) | Water needed (ml) | Scoops |
|----------------------|-------------------|-----------|
| 250 | 190 | 9 (75g) |
| 500 | 380 | 18 (150g) |
| 1000 | 760 | 36 (300g) |
| 2000 | 1,520 | 72 (600g) |

Scoop Size: 8.3g





FOR HEALTHCARE PROFESSIONAL USE ONLY

Modulen® IBDis a food for special medical purposes for use under medical supervision Reg. Trademark of Société des Produits Nestlé S.A. MODDC001.

MODULEN[®] IBD



NUTRITION INFORMATION

| Typical values | 100 g | Per 100 ml at 1.0 kcal/ml | Per 100ml at 1.25 kcal/ml | Per 100ml at 1.5 kcal/ml |
|----------------------------|-------|------------------------------------|------------------------------------|-----------------------------------|
| Energy kJ | 2066 | 413 | 517 | 620 |
| Energy kcal | 493 | 99 | 123 | 148 |
| Fat (42% kcal) g | 23 | 4.6 | 5.75 | 6.9 |
| of which saturates g | 13 | 2.6 | 3.3 | 3.9 |
| of which MCT g | 6.0 | 1.2 | 1.5 | 1.8 |
| of which monounsaturates g | 3.9 | 0.78 | 0.98 | 1.17 |
| of which polyunsaturates g | 2.5 | 0.50 | 0.63 | 0.75 |
| - α-linolenic acid mg | 200 | 40 | 50 | 60 |
| - linoleic acid mg | 2100 | 420 | 525 | 630 |
| Carbohydrate (44% kcal) g | 54 | 11 | 14 | 16 |
| of which sugars g | 21 | 4.2 | 5.3 | 6.3 |
| of which lactose g | <0.5 | | | |
| Protein (14% kcal) g | 17.5 | 3.5 | 4.4 | 5.3 |
| Salt (=Na(g)x 2.5) | 0.42 | 0.084 | 0.105 | 0.126 |
| Minerals | | | | |
| Sodium mg | 170 | 34 | 43 | 51 |
| Sodium mmol | 7.4 | 1.5 | 1.9 | 2.2 |
| Potassium mg | 600 | 120 | 150 | 180 |
| Potassium mmol | 15 | 3.0 | 3.8 | 4.5 |
| Chloride mg | 365 | 73 | 91 | 110 |
| Chloride mmol | 10 | 2.0 | 2.5 | 3.0 |
| Calcium mg | 445 | 89 | 111 | 134 |
| Calcium mmol | 11 | 2.2 | 2.8 | 3.3 |
| Phosphorus mg | 300 | 60 | 75 | 90 |
| Phosphate mmol | 9.7 | 1.9 | 2.4 | 2.9 |
| Magnesium mg | 100 | 20 | 25 | 30 |
| Magnesium mmol | 4.2 | 0.83 | 1.04 | 1.25 |
| Iron mg | 5.4 | 1.1 | 1.2 | 1.6 |
| Zinc mg | 4.7 | 0.94 | 0.12 | 1.41 |
| Copper mg | 0.49 | 0.098 | 0.123 | 0.147 |
| Manganese mg | 0.98 | 0.20 | 0.25 | 0.29 |
| Fluoride mg | <0.10 | | | |
| Selenium µg | 17 | 3.4 | 4.3 | 5.1 |
| Chromium µg | 25 | 5.0 | 6.3 | 7.5 |
| Molybdenum µg | 37 | 7.4 | 9.3 | 11.1 |
| lodine µg | 49 | 9.8 | 12.3 | 14.7 |

| Typical values | 100 g | Per 100ml at 1.0 kcal/ml | Per 100ml at 1.25 kcal/ml | Per 100ml at 1.5 kcal/ml |
|---------------------|-------|-----------------------------------|------------------------------------|-----------------------------------|
| Vitamins | | | | |
| Aμg | 410 | 82 | 103 | 123 |
| D µg | 4.9 | 0.98 | 1.23 | 1.47 |
| DIU | 200 | 40 | 50 | 60 |
| E mg | 6.5 | 1.3 | 1.6 | 2.0 |
| Kμg | 27 | 5.4 | 6.8 | 8.1 |
| Cmg | 47 | 9.4 | 11.8 | 14.1 |
| Thiamin mg | 0.59 | 0.12 | 0.15 | 0.18 |
| Riboflavin mg | 0.64 | 0.13 | 0.16 | 0.19 |
| Niacin mg | 5.8 | 1.2 | 1.5 | 1.7 |
| Niacin mg NE | 9.8 | 2.0 | 2.5 | 2.9 |
| B6 mg | 0.83 | 0.17 | 0.21 | 0.25 |
| Folic acid µg | 120 | 24 | 30 | 36 |
| B12 μg | 1.6 | 0.32 | 0.40 | 0.48 |
| Biotin µg | 16 | 3.2 | 4.0 | 4.8 |
| Pantothenic acid mg | 2.4 | 0.48 | 0.60 | 0.72 |
| Other Nutrients | | | | |
| Choline mg | 35 | 7.0 | 8.8 | 10.5 |
| Osmolarity mOsm/l | | 290 | | |
| Osmolality mOsm/kg | | 340 | | |

NE= Niacin Equivalent Recipe Code: ACD013-1





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