# Glycine<sub>500</sub>

# Description

#### Food for special medical purposes.

A powdered glycine amino acid supplement dietitian. Suggested methods include: on a carbohydrate base.

# Indications

For the dietary management of inborn errors of amino acid metabolism from birth.

## **Dosage and Administration**

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

# **Preparation Guidelines**

To be determined by the clinician or

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# Mixing with water:

ACBS

1. Measure out 50ml of water.

2. Add one sachet.

3. SHAKE vigorously for 30 seconds and serve.

# Mixing with a liquid protein substitute:

- 1. Decant the liquid into a container.
- 2. Sprinkle in the powder.

3. Shake vigorously for 30 seconds and serve.

## Mixed with a powdered protein substitute:

- 1. Mix the two powders together.
- 2. Make up protein substitute as directed and serve.

Additional fluid may be required.

# Glycine500 (4g) = 500mg of Glycine

# **IMPORTANT NOTICE**

Must only be given to patients with proven inborn errors of amino acid metabolism under strict medical supervision.

Suitable from birth.

Children under 12 months: when made into solution or added to infant formula, use immediately and discard any remaining within 1 hour.

Not for use as a sole source of nutrition.

For enteral use only.

# **Nutritional Information**

		Per 100g	Per 4g sachet			Per 100g	Per 4g sachet
Energy	kJ	1564	63	Protein Equivalent	g	9.5	0.4
	kcal	368	15	Glycine	mg	12500	500
Fat	g	0.0	0.0	Salt	g	< 0.05	< 0.002
of which saturates	g	0.0	0.0				
Carbohydrate	g	82.5	3.3				
of which sugars	g	5.3	0.2				

# Ingredients:

Maltodextrin, Glycine.

# Pack Size/Weight

30 x 4g sachets = 120g

Glycine<sup>500</sup> is suitable for a vegan diet.

# Storage

Store in a cool, dry place. Sachets are designed for single use and should be used once opened.







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