

# COMPLEAT® PAEDIATRIC



## DESCRIPTION

Compleat® paediatric is a nutritionally complete 1.2kcal/ml standard enteral tube feed, containing food-derived ingredients (rehydrated chicken meat and vegetables, peach puree, orange juice from concentrate). Compleat® paediatric is a Food for Special Medical Purposes for use under medical supervision.

## PRESENTATION

500ml SmartFlex® collapsible semi-rigid bottles, 12 x 500ml per case.  
250ml SimpLink® format (with ENFit connection), 12 x 250ml per case.

## INDICATIONS

Short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; feeding intolerances, developmental disabilities, disease related malnutrition for children greater than 1 year of age.

## INGREDIENTS

Water, maltodextrin, rehydrated chicken meat 6.9%, rehydrated vegetables 4.3 % (peas 3.8%, green beans 0.54%), vegetable oils (rapeseed, sunflower), milk proteins, peach puree (1.4%), orange juice from concentrate (1.2%), fibres (pea fibre, acacia gum, fructooligosaccharides, inulin), emulsifiers (E472c, E471), MCT oil, minerals (potassium phosphate, calcium chloride, calcium lactate, calcium phosphate, sodium chloride, potassium chloride, magnesium oxide, magnesium citrate, ferrous lactate, zinc sulphate, copper gluconate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fish oil, choline bitartrate, vitamins (C, niacin, E, pantothenic acid, B6, riboflavin, thiamin, A, folic acid, K, biotin, D, B12), stabiliser (E407), taurine, L-carnitine, antioxidant (E304).

## ADMINISTRATION AND DOSAGE

Shake well before use. Suitable as a sole source of nutrition.

Nutritionally complete in:

1–3 years: 700ml\*

4–6 years: 929ml\*

7–10 years: 1000ml\*\*

11–14 years: 1450ml\*\*

15–18 years: 1800ml\*\*

\*excluding Na

\*\*excluding Na, K & Cl

## SHELF LIFE AND STORAGE

Shelf life 12 months from date of manufacture. Store unopened in a cool, dry place.

250ml SimpLink®: Once opened, use within 12 hours. Refrigerate unused portion between uses. Discard product left after 12 hours from original bottle opening.

500ml: Once spiked used within 24 hours. Unused portion can be recapped, refrigerated and used within 24 hours. In order to maintain a constant flow, the use of a pump is recommended.

## CONTRAINDICATIONS

Unsuitable for those with an allergy to fish or cows' milk protein allergy, and/or galactosaemia.

## PRECAUTIONS

Compleat® paediatric must be used under medical supervision. Suitable for children above 1 year of age. For enteral use only. Do not mix food or medication into the feed.

For the 500ml if used for bolus feeding, it is not suitable for post- pyloric or jejunal feeding.

For 250ml to be used via a gastrostomy tube only.

## NUTRITION INFORMATION

Typical values	Per 100ml	Per 250ml	Per 500ml
<b>General</b>			
Energy kJ/kcal	492/117	1230/292	2460/585
Fat (39% kcal) g	5.0	12	25
of which saturates g	1.6	4.0	8.0
of which MCT g	0.70	1.7	3.5
of which monounsaturates g	1.8	4.5	9.0
of which polyunsaturates g	1.1	2.7	5.5
α-linolenic acid mg	120	300	600
Linoleic acid mg	860	2150	4300
Carbohydrate (47% kcal) g	14	35	70
of which sugars g	1.3	3.2	6.45
of which lactose g	<0.05		
Fibre (2% kcal) g	1.0	2.5	5.0
Protein (12% kcal) g	3.6	9.0	18
Salt g	0.14	0.35	0.70
<b>Vitamins</b>			
A µg	60	150	300
D µg	1.7	4.2	8.5
E mg	1.4	3.5	7.0
K µg	7.2	18	36
C mg	5.2	13	26
Thiamin (B1) mg	0.10	0.25	0.50
Riboflavin (B2) mg	0.14	0.35	0.70
Niacin mg/mg NE	1.2/1.8	3.0/4.5	6.0/9.0
B6 mg	0.14	0.35	0.70
Folic acid µg	18	45	90
B12 µg	0.24	0.6	1.2
Biotin µg	2.4	6.0	12
Pantothenic acid mg	0.50	1.2	2.5
<b>Minerals</b>			
Sodium mg/mmol	57/2.5	142/6.2	285/12
Potassium mg/mmol	150/3.8	375/9.5	750/19
Chloride mg/mmol	130/3.7	325/9.2	650/18
Calcium mg/mmol	115/2.9	287/7.2	575/14
Phosphorus mg/ Phosphate mmol	73/2.3	182/5.7	365/11
Magnesium mg/mmol	19/0.79	47/2.0	95/3.9
Iron mg	1.4	3.5	7.0
Zinc mg	0.70	1.7	3.5
Copper mg	0.08	0.20	0.40
Manganese mg	0.16	0.40	0.80
Fluoride mg	0.096	0.24	0.48
Selenium µg	4.1	10	20.5
Chromium µg	2.9	7.2	14.5
Molybdenum µg	6.5	16	32.5
Iodine µg	12	30	60
<b>Other Nutrients</b>			
Choline mg	36	90	180
Taurine mg	9.6	24	48
L-Carnitine mg	4.8	12	24

Water content 83 g/100 ml

Osmolarity: 280 mOsm/l

Osmolality: 340 mOsm/kg

NE= Niacin Equivalent

MCT = Medium Chain Triglycerides



Suitable for children above 1 years of age



Gluten Free



Halal



Unsuitable for Cows' Milk Protein Allergy



PEG tube not supplied



### FOR HEALTHCARE PROFESSIONAL USE ONLY

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