

Use your cooler timer to take part in our time challenges and see how well you can do!

## Ultimate time challenge!

Get a friend or parent to time how quickly you can take your cooler. Keep track of your times on the cooler chart and see how it improves.

Monday



Minutes Seconds

Tuesday



Minutes Seconds

Wednesday



Minutes Seconds

Thursday



Minutes Seconds

Friday



Minutes Seconds

Saturday



Minutes Seconds

Sunday



Minutes Seconds

My best time this week: \_\_\_\_\_

My record time: \_\_\_\_\_



## Beat the timer!

Set yourself a time limit for drinking your cooler, e.g. 1 minute. Record how many seconds are left when you've finished it. See how quickly you can improve.

Set the clock:

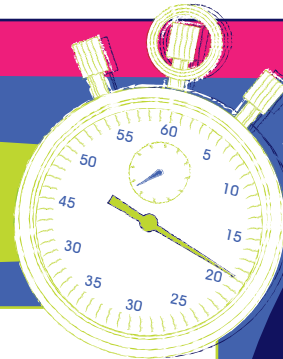
Minutes

Best of 3!

Seconds left

Seconds left

Seconds left



Time it!

## Down in one!

Shake your cooler, drink and go! It only takes some people a few seconds... time yourself and see how you get on.

Go!

My best time:

Minutes

Seconds

