# COMPLEAT® PAFDIATRIC



#### **DESCRIPTION**

Compleat® paediatric is a nutritionally complete 1.2kcal/ml standard enteral tube feed, containing food-derived ingredients (rehydrated chicken meat and vegetables, peach puree, orange juice from concentrate). Compleat® paediatric is a Food for Special Medical Purposes for use under medical supervision.

#### **PRESENTATION**

500ml SmartFlex® collapsible semi-rigid bottles,  $12 \times 500$ ml per case. 250ml SimpLink® format (with ENFit connection),  $12 \times 250$ ml per case. Please see instructions for the SimpLink® format here.

#### **INDICATIONS**

Short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; feeding intolerances, developmental disabilities, disease related malnutrition for children greater than 1 year of age.

### **INGREDIENTS**

Water, maltodextrin, rehydrated chicken meat (6.9%), rehydrated vegetables ((4.3%) (peas 3.8%, green beans 0.54%), vegetable oils (rapeseed, sunflower), milk proteins, peach puree (1.4%), orange juice from concentrate (1.2%), fibres (pea fibre, acacia gum, fructooligosaccharides, inulin), emulsifiers (E472c, E471), MCT oil, minerals (potassium phosphate, calcium chloride, calcium lactate, calcium phosphate, sodium chloride, potassium chloride, magnesium oxide, magnesium citrate, ferrous lactate, zinc sulphate, copper gluconate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fish oil, choline bitartrate, vitamins (C, niacin, E, pantothenic acid, B6, riboflavin, thiamin, A, folic acid, K, biotin, D, B12), stabiliser (E407), taurine, L-carnitine, antioxidant (E304).

#### **ADMINISTRATION AND DOSAGE**

Shake well before use. Suitable as a sole source of nutrition.

Nutritionally complete in: 1-3 years: 700ml\* 4-6 years: 929ml\* 7-10 years: 1000ml\*\*

11–14 years: 1450ml\*\* \*excluding Na 15–18 years: 1800ml\*\* \*\*excluding Na, K & Cl

### **SHELF LIFE AND STORAGE**

Shelf life 12 months from date of manufacture. Store unopened in a cool, dry place.

250ml SimpLink®: Once opened, use within 12 hours. Refrigerate unused portion between uses. Discard product left after 12 hours from original bottle opening.

500ml: Once spiked used within 24 hours. Unused portion can be recapped, refrigerated and used within 24 hours. In order to maintain a constant flow, the use of a pump is recommended.

## **CONTRAINDICATIONS**

Unsuitable for those with an allergy to fish or cows' milk protein allergy, and/or galactosaemia.

## **PRECAUTIONS**

 $\label{local_complex} Compleat \ensuremath{^{\circ}}\xspace paediatric must be used under medical supervision. Suitable for children above 1 year of age. For enteral use only. Do not mix food or medication into the feed.$ 

For the 500ml if used for bolus feeding, it is not suitable for post-pyloric or jejunal feeding.

For 250ml to be used via a gastrostomy tube only.



## **NUTRITION INFORMATION**

| Typical values                | Per 100ml | Per 250ml | Per 500ml |
|-------------------------------|-----------|-----------|-----------|
| General                       |           |           |           |
| Energy kJ/kcal                | 492/117   | 1230/292  | 2460/585  |
| Fat (39% kcal) g              | 5.0       | 12        | 25        |
| of which saturates g          | 1.6       | 4.0       | 8.0       |
| of which MCT g                | 0.70      | 1.7       | 3.5       |
| of which monounsaturates g    | 1.8       | 4.5       | 9.0       |
| of which polyunsaturates g    | 1.1       | 2.7       | 5.5       |
| α-linolenic acid mg           | 120       | 300       | 600       |
| Linoleic acid mg              | 860       | 2150      | 4300      |
| Carbohydrate (47% kcal) g     | 14        | 35        | 70        |
| of which sugars g             | 1.3       | 3.2       | 6.45      |
| of which lactose g            | <0.05     |           |           |
| Fibre (2% kcal) g             | 1.0       | 2.5       | 5.0       |
| Protein (12% kcal) g          | 3.6       | 9.0       | 18        |
| Salt g                        | 0.14      | 0.35      | 0.70      |
| Vitamins                      |           |           |           |
| А µg                          | 60        | 150       | 300       |
| D μg                          | 1.7       | 4.2       | 8.5       |
| E mg                          | 1.4       | 3.5       | 7.0       |
| Κμg                           | 7.2       | 18        | 36        |
| C mg                          | 5.2       | 13        | 26        |
| Thiamin (B1) mg               | 0.10      | 0.25      | 0.50      |
| Riboflavin (B2) mg            | 0.14      | 0.35      | 0.70      |
| Niacin mg/mg NE               | 1.2/1.8   | 3.0/4.5   | 6.0/9.0   |
| B6 mg                         | 0.14      | 0.35      | 0.70      |
| Folic acid μg                 | 18        | 45        | 90        |
| B12 μg                        | 0.24      | 0.6       | 1.2       |
| Biotin μg                     | 2.4       | 6.0       | 12        |
| Pantothenic acid mg           | 0.50      | 1.2       | 2.5       |
| Minerals                      |           |           |           |
| Sodium mg/mmol                | 57/2.5    | 142/6.2   | 285/12    |
| Potassium mg/mmol             | 150/3.8   | 375/9.5   | 750/19    |
| Chloride mg/mmol              | 130/3.7   | 325/9.2   | 650/18    |
| Calcium mg/mmol               | 115/2.9   | 287/7.2   | 575/14    |
| Phosphorus mg/ Phosphate mmol | 73/2.3    | 182/5.7   | 365/11    |
| Magnesium mg/mmol             | 19/0.79   | 47/2.0    | 95/3.9    |
| Iron mg                       | 1.4       | 3.5       | 7.0       |
| Zinc mg                       | 0.70      | 1.7       | 3.5       |
| Copper mg                     | 0.08      | 0.20      | 0.40      |
| Manganese mg                  | 0.16      | 0.40      | 0.80      |
| Fluoride mg                   | 0.096     | 0.24      | 0.48      |
| Selenium μg                   | 4.1       | 10        | 20.5      |
| Chromium µg                   | 2.9       | 7.2       | 14.5      |
| Molybdenum μg                 | 6.5       | 16        | 32.5      |
| lodine μg                     | 12        | 30        | 60        |
| Other Nutrients               |           |           |           |
| Choline mg                    | 36        | 90        | 180       |
| Taurine mg                    | 9.6       | 24        | 48        |
| L-Carnitine mg                | 4.8       | 12        | 24        |
|                               |           |           |           |

Water content 83 g/100 ml Osmolarity: 280 mOsm/l Osmolality: 340 mOsm/kg NE= Niacin Equivalent MCT = Medium Chain Triglycerides









Unsuitable fo Cows' Milk



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