

## DESCRIPTION

Compleat® paediatric is a nutritionally complete 1.2kcal/ml standard enteral tube feed, containing food-derived ingredients (rehydrated chicken meat and vegetables, peach puree, orange juice from concentrate). Compleat® paediatric is a Food for Special Medical Purposes for use under medical supervision.

## PRESENTATION

500ml SmartFlex® collapsible semi-rigid bottles, 12 x 500ml per case.  
250ml SimpLink® format (with ENFit connection), 12 x 250ml per case. Please see instructions for the SimpLink® format [here](#).

## INDICATIONS

Short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; feeding intolerances, developmental disabilities, disease related malnutrition for children greater than 1 year of age.

## INGREDIENTS

Water, maltodextrin, rehydrated chicken meat (6.9%), rehydrated vegetables ((4.3%) (peas 3.8%, green beans 0.54%), vegetable oils (rapeseed, sunflower), milk proteins, peach puree (1.4%), orange juice from concentrate (1.2%), fibres (pea fibre, acacia gum, fructooligosaccharides, inulin), emulsifiers (E472c, E471), MCT oil, minerals (potassium phosphate, calcium chloride, calcium lactate, calcium phosphate, sodium chloride, potassium chloride, magnesium oxide, magnesium citrate, ferrous lactate, zinc sulphate, copper gluconate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fish oil, choline bitartrate, vitamins (C, niacin, E, pantothenic acid, B6, riboflavin, thiamin, A, folic acid, K, biotin, D, B12), stabiliser (E407), taurine, L-carnitine, antioxidant (E304).

## ADMINISTRATION AND DOSAGE

Shake well before use. Suitable as a sole source of nutrition.

Nutritionally complete in:

1-3 years: 700ml\*

4-6 years: 929ml\*

7-10 years: 1000ml\*\*

11-14 years: 1450ml\*\*

15-18 years: 1800ml\*\*

\*excluding Na

\*\*excluding Na, K & Cl

## SHELF LIFE AND STORAGE

Shelf life 12 months from date of manufacture. Store unopened in a cool, dry place.

250ml SimpLink®: Once opened, use within 12 hours. Refrigerate unused portion between uses. Discard product left after 12 hours from original bottle opening.

500ml: Once spiked used within 24 hours. Unused portion can be recapped, refrigerated and used within 24 hours. In order to maintain a constant flow, the use of a pump is recommended.

## CONTRAINDICATIONS

Unsuitable for those with an allergy to fish or cows' milk protein allergy, and/or galactosaemia.

## PRECAUTIONS

Compleat® paediatric must be used under medical supervision. Suitable for children above 1 year of age. For enteral use only. Do not mix food or medication into the feed.

For the 500ml if used for bolus feeding, it is not suitable for post- pyloric or jejunal feeding.

For 250ml to be used via a gastrostomy tube only.

## NUTRITION INFORMATION

Typical values	Per 100ml	Per 250ml	Per 500ml
<b>General</b>			
Energy kJ/kcal	492/117	1230/292	2460/585
Fat (39% kcal) g	5.0	12	25
of which saturates g	1.6	4.0	8.0
of which MCT g	0.70	1.7	3.5
of which monounsaturates g	1.8	4.5	9.0
of which polyunsaturates g	1.1	2.7	5.5
α-linolenic acid mg	120	300	600
Linoleic acid mg	860	2150	4300
Carbohydrate (47% kcal) g	14	35	70
of which sugars g	1.3	3.2	6.45
of which lactose g	<0.05		
Fibre (2% kcal) g	1.0	2.5	5.0
Protein (12% kcal) g	3.6	9.0	18
Salt g	0.14	0.35	0.70
<b>Vitamins</b>			
A µg	60	150	300
D µg	1.7	4.2	8.5
E mg	1.4	3.5	7.0
K µg	7.2	18	36
C mg	5.2	13	26
Thiamin (B1) mg	0.10	0.25	0.50
Riboflavin (B2) mg	0.14	0.35	0.70
Niacin mg/mg NE	1.2/1.8	3.0/4.5	6.0/9.0
B6 mg	0.14	0.35	0.70
Folic acid µg	18	45	90
B12 µg	0.24	0.6	1.2
Biotin µg	2.4	6.0	12
Pantothenic acid mg	0.50	1.2	2.5
<b>Minerals</b>			
Sodium mg/mmol	57/2.5	142/6.2	285/12
Potassium mg/mmol	150/3.8	375/9.5	750/19
Chloride mg/mmol	130/3.7	325/9.2	650/18
Calcium mg/mmol	115/2.9	287/7.2	575/14
Phosphorus mg/ Phosphate mmol	73/2.3	182/5.7	365/11
Magnesium mg/mmol	19/0.79	47/2.0	95/3.9
Iron mg	1.4	3.5	7.0
Zinc mg	0.70	1.7	3.5
Copper mg	0.08	0.20	0.40
Manganese mg	0.16	0.40	0.80
Fluoride mg	0.096	0.24	0.48
Selenium µg	4.1	10	20.5
Chromium µg	2.9	7.2	14.5
Molybdenum µg	6.5	16	32.5
Iodine µg	12	30	60
<b>Other Nutrients</b>			
Choline mg	36	90	180
Taurine mg	9.6	24	48
L-Carnitine mg	4.8	12	24

Water content 83 g/100 ml

Osmolarity: 280 mOsm/l

Osmolality: 340 mOsm/kg

NE= Niacin Equivalent

MCT = Medium Chain Triglycerides



Suitable for children above 1 year of age



Gluten Free



Halal



Unsuitable for Cows' Milk Protein Allergy



PEG tube not supplied



### FOR HEALTHCARE PROFESSIONAL USE ONLY

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# SIMPLINK® CONNECTION INSTRUCTIONS

## If connecting directly to PEG tube



Unscrew the purple cap, carefully remove the foil and replace the cap.



Remove the small cap which covers the ENFit compatible connector.



Securely attach the connector into the end of the gastrostomy feeding tube or extension set.

## SimpLink® Bolus Technique



Hold the SimpLink bottle above the level of the stoma site.



Squeeze firmly in the middle of the bottle with both hands. The bottle will gradually collapse as the feed is given.



If giving the full 250ml bottle, keep squeezing until it's completely flat. This may take around 10 mins. Flush the tube with water.



Replace the small cap onto the bottle and recycle.

Click [here](#) for video instructions on the SimpLink® bolus technique to share with parents. A printed guide is also available from your Nestlé Health Science representative.

## If connecting to pump



Carefully remove the purple cap and foil. Keep the cap to one side if not using the full 250ml bottle.



Use a round **screw-cap giving set** or **universal adaptor** and screw onto the bottle securely.



Fit the giving set into the pump, program accordingly, and prime the giving set. Securely attach the giving set to the feeding tube (or extension set if using a button gastrostomy). Start the feed.

## Recycling



SmartFlex® and SimpLink® bottles can go into household recycling.



FOR HEALTHCARE PROFESSIONAL USE ONLY

# SMARTFLEX® BOTTLE INSTRUCTIONS

If attaching the SmartFlex® bottle directly to the feeding pump:



Unscrew the purple over-cap. Depending on which company 'giving set' you normally use, either attach the spike-type giving set to the universal cap to pierce the aluminium foil; or pull away the tag, peel back the aluminium foil and attach the giving set to the universal cap.



Once the SmartFlex® bottle is open, the feed should be used within 24 hours.



Between feeds, the unused portion can be recapped and refrigerated. Discard any unused feed within 24 hours of opening.

If pouring the the feed into a container:



Remove the outer purple cap. Pull away the tag and peel back the aluminium foil.



Once the feed is poured out of the SmartFlex™ bottle, keep tightly covered and use within 4 hours.



Pull out the suspension ring on the bottom of the bottle which can be used to attach the feed to a feeding stand.