# RESOURCE® THICKENED DRINKS



# **DESCRIPTION**

Resource® Thickened Drinks are ready to use, single serve, thickened, flavoured drinks for the dietary management of patients with dysphagia (swallowing difficulties). They are Food for Special Medical Purposes for use under medical supervision.

# **PRESENTATION**

114ml cups IDDSI Level 3

Available in Orange and Apple flavours; 114ml cups, 12 cups per case

#### **INDICATIONS**

ACBS approved, prescribable on FP10 (GP10 in Scotland) for patients requiring thickened fluids for the management of dysphagia due to conditions such as stroke, Parkinson's disease, muscular dystrophy, motor neurone disease, multiple sclerosis, neurological disorders caused by injury or disease, and malignancies of the oral cavity and throat.

# **INGREDIENTS**

**Orange Flavour** – Water, Concentrated Orange Juice (50%), Maltodextrin, Modified Starch, Sugar, Flavouring, Vitamin C.

 $\label{eq:concentrated} \begin{tabular}{ll} Apple Flavour - Water, Concentrated Apple juice (50\%), Maltodextrin, Modified Starch, Sugar, Flavouring, Vitamin C. \end{tabular}$ 

#### **ADMINISTRATION AND DOSAGE**

Evaluated IDDSI level is based on Flow Test measurement conducted at 20°C. It is the responsibility of the person administering Resource® Thickened Drink to ensure that the prepared product is of appropriate consistency.

#### **SHELF LIFE AND STORAGE**

12 months from date of manufacture. Store unopened in a cool, dry place. Once opened, store in a refrigerator and consume within 24 hours.

# **CONTRAINDICATIONS**

Unsuitable for patients with galactosaemia.

# **PRECAUTIONS**

Suitable for children above 3 years of age. Unsuitable as a sole source of nutrition. Must be used under medical supervision. For oral use only.







Gluten Free



Lactose Free



Suitable for

# **NUTRITION INFORMATION - ORANGE FLAVOUR**

Typical values	Per 100ml	Per 114ml
General		
Energy kJ	376	429
Energy kcal	89	101
Fat g	<0.10	<0.11
of which saturates g	<0.05	<0.06
Carbohydrate g	21	24
of which sugars g	9.5	11
Protein g	0.4	0.46
Salt g	0.04	0.05
Vitamins		
C mg	11	12

Viscosity (nomina	l waluac) mi	Dacc	750
VISCOSILV (HOIIIIIa	i valuesi ilii	~d5.5	/ 30

Recipe code: ACCL219, ACCL220



