



Description

Food for special medical purposes.

A high energy, powdered formula with low levels of protein, potassium, phosphorus, calcium, chloride and vitamin A, containing whey protein, amino acids, carbohydrate, fat, vitamins, minerals, trace elements, arachidonic acid (ARA) and docosahexaenoic acid (DHA).

Indications

For the dietary management of kidney disease from birth to 10 years of age.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient. Use in conjunction with breast milk or infant formula or standard paediatric enteral feed or a mixed diet.

Preparation Guidelines

For bottle fed infants

The standard dilution of 20% is made by adding 1 level scoop of Renastart (7g) to 30ml of water (approximately 1 fluid oz.).

Follow the preparation guidelines carefully. Incorrect preparation can make your child ill.



Wash hands well.



Sterilise feeding equipment according to manufacturer's instructions.



Boil fresh water and leave to cool for no more than 30 minutes to ensure it remains at a temperature of at least 70°C. Do not use artificially softened water or repeatedly boiled water.



Measure out the required amount of water into the bottle.



Using the scoop provided, add the prescribed number of scoops of Renastart into the water, levelling each scoop off with the back of a clean dry knife. Do not press the powder into the scoop.



Place the sterilised teat and cap on the bottle and shake well until all the powder has dissolved.



Cool to drinking temperature (approx. 37°C). Always test the temperature before feeding by shaking a few drops onto the inside of your wrist – the feed should feel warm but not hot.

Renastart is now ready to use.

Any formula remaining in the bottle after 1 hour should be discarded. Do not reheat Renastart once feeding has started.

Other dilutions, tube-feeding and feeding older children:

Preparation to be determined by the clinician or dietitian. Renastart is typically mixed with water as per clinicians/dietitians instructions.

Any feed prepared in advance must be refrigerated and used within 24 hours.

Important Feeding Information

Do not heat Renastart in a microwave as uneven heating may occur and could cause scalding.

Do not boil Renastart.

Infants and young children should be supervised at all times when feeding.

Regular teeth cleaning is recommended.

IMPORTANT NOTICE

Use under medical supervision.

Not suitable for use as a sole source of nutrition.

Suitable from birth to 10 years of age.

Regular monitoring of nutritional status and electrolyte levels is required.

For enteral use only.

Nutritional Information

		Per 100g	Per 100ml (at 20% dilution)		Per 100g	Per 100ml (at 20% dilution)		
Energy	kJ	2078	419	Minerals	Sodium	mg	240	48
	kcal	496	100			mmol	10.3	2.1
Fat	g	24	4.8	Potassium	mg	110	22	
	of which saturates	g	6.0		mmol	2.8	0.6	
monounsaturates	g	12.5	2.5	Chloride	mg	90	18	
polyunsaturates	g	4.5	0.9		mmol	2.5	0.6	
α Linolenic acid	mg	300	60	Calcium	mg	120	24	
DHA	mg	115	23		mmol	3.0	0.6	
Linoleic acid	mg	3700	746	Phosphorus	mg	94	19	
ARA	mg	200	40		mmol	3.0	0.6	
Carbohydrate	g	62.5	12.6	Magnesium	mg	40	8.1	
of which sugars	g	6.5	1.3		mmol	1.6	0.3	
Protein Equivalent	g	7.5	1.5	Trace Elements	Iron	mg	5.1	1.0
Salt	g	0.6	0.1			Zinc	mg	4.4
Vitamins				Copper	mg	0.39	0.08	
Vitamin A (RE)	µg	130	26	Manganese	mg	0.08	0.02	
Vitamin D	µg	12.0	2.4	Selenium	µg	19	3.8	
Vitamin E (α TE)	mg	5.5	1.1	Chromium	µg	9.5	1.9	
Vitamin K	µg	30	6.0	Molybdenum	µg	8.0	1.6	
Vitamin C	mg	75	15	Iodine	µg	95	19	
Thiamin	mg	0.37	0.07	Others	Taurine	mg	50	10.1
Riboflavin	mg	0.50	0.10			L-Carnitine	mg	21
Niacin	mg	4.1	0.83	Choline	mg	160	32.3	
	mg NE	7.4	1.5	Inositol	mg	30	6.0	
Vitamin B6	mg	0.50	0.10	At 20% dilution				
Folic acid (Folate)	µg	80 (133)	16 (27)	Water content = 85%				
Vitamin B12	µg	1.0	0.20	Osmolality = 230 mOsm/kg				
Biotin	µg	22	4.4	Potential Renal Solute Load = 125 mOsm/L				
Pantothenic acid	mg	2.5	0.50					

Allergen Declaration

Contains **Milk (Milk protein)**.

Storage

Unopened: Renastart should be stored in a cool, dry place.

Once opened: Use within 3 weeks.

Always replace container lid after use.

Packaged in a protective atmosphere.

Shelf Life

24 months.

Pack Size/Weight

400g e tin, scoop included.



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