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## Description

#### Food for special medical purposes

Pro-Cal powder is a powdered, neutral-tasting oral nutritional supplement that can be added to a variety of foods and drinks to increase the energy and protein content with minimal effect on taste, volume and texture. It is a blend of fat, carbohydrate and protein.

#### Indications

Pro-Cal *powder* is for the dietary management of disease related malnutrition, malabsorption states and other conditions requiring fortification with a fat/carbohydrate supplement (with protein).

#### Recommended Intake and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

## 15g of Pro-Cal *powder* = 100kcal and 2g protein

#### **Preparation Guidelines**

Add Pro-Cal *powder* to food and drinks and stir well until the powder is fully mixed in. Not suitable for addition to fruit juice or cold water.

Add 1-2 sachets or 1-2 level scoops per serving.

The product should be freshly prepared and consumed immediately. If this is not possible, all prepared products must be tightly covered, refrigerated and consumed within 24 hours.

Discard any unfinished heated product.

Serving suggestions for Pro-Cal *powder* are available on www.yournutritionsupport.co.uk or on request.

### **IMPORTANT NOTICE**

Use under medical supervision.

Not suitable for use as a sole source of nutrition.

Suitable from 3 years of age onwards.

For enteral use only.

### Nutritional Information

		Per 100g	Per 15g (1 sachet/scoop)
Energy	kJ kcal	2744 662	412 100
Fat of which saturates	g g	56 37	8.4 5.6
Carbohydrate of which sugars	g g	26 20	3.9 3.0
Protein	g	13.5	2.0
Salt	g	0.40	0.06
Minerals			
Sodium	mg	167	25
	mmol	7.2	1.1
Potassium	mg	439	66
	mmol	11	1.6
Chloride	mg	245	37
	mmol	6.9	1.0
Calcium	mg	820	123
	mmol	20	3.0
Phosphorus	mg	530	79
	mmol	17	2.6
Magnesium	mg	30	<10
	mmol	1.2	0.18

# Osmolality

1 sachet (15q) + 100 ml water = 140 m0sm/kg

### Ingredients

Vegetable Oil (Palm Oil), Skimmed **Milk** Powder, Glucose Syrup, **Milk** Protein, Anti Caking Agent (E341(iii)).

# **Allergen Declaration**

Contains Milk (Milk protein, Skimmed milk powder).

Gluten Free.

# Storage

Store in a cool, dry place.

Sachets: Sachets are designed to be taken as a single dose and should be used once opened. Tubs: Once tub is opened, use within 4 weeks.

# Pack Sizes / Weight

30 x 15g ← sachets - 450g 510g ← tub 1.5kg ← tub # 12.5kg ← tub #

## Starter Pack

8 x 15g ← sachets - 120g #

# Not GMS approved



