



K·Vita®



Introducing K·Vita

An alternative dietary management option for drug resistant epilepsy in adults and children.

- K·Vita is a special blend of medium chain triglycerides (MCT)
- The MCT is an 80:20 split of decanoic acid (C10) and octanoic acid (C8)
- Strawberry flavour
- Suitable for use from 3 years of age

To ensure optimum nutritional intake it is advised to avoid foods and drinks high in sugar.

It is essential that K·Vita is introduced gradually and always with food e.g. meal times and snacks/bedtime.

If you have been provided a sample of K·Vita to taste, please only take a teaspoon at each meal time, or follow the guidance provided to you by your clinician.

K·Vita is a Food for Special Medical Purposes and must be used under medical supervision

Positive difference to everyday lives



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Description

Food for special medical purposes.

K.Vita is a thickened liquid containing a specific blend of medium chain triglycerides (MCT).

Indications

K.Vita is for the dietary management of drug resistant epilepsy for use in adults and in children from 3 years of age.

Recommended Intake

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

Ingredients

Water, Medium Chain Triglyceride (MCT) Oil, Emulsifiers (E472c, E471), Thickener (E415), Flavourings, Sodium Chloride, Colour (E120), Acidity Regulator (E296), Sweetener (Sucralose).

Pack size / weight

30 x 120ml € (3.6L)

Flavour

Strawberry.

Storage

Unopened: Store in a cool, dry place.

Once opened: Recap unused portion, refrigerate and use within 48 hours or within 6 hours at room temperature.

Nutritional Information

		Per 100ml	Per 120ml pack
Energy		kJ	1265
		kcal	308
Fat		g	41
	of which saturates	g	37
Medium Chain Triglycerides (MCT)		g	40
Caprylic/Octanoic Acid (C8:0)		g	7.4
Capric/Decanoic Acid (C10:0)		g	29.4
Carbohydrate		g	0.50
	of which sugars	g	0
Protein		g	0
Salt		g	0.13
Sodium		mg	55
		mmol	2.4
Chloride		mg	67
		mmol	1.9
Osmolality: 115 mOsm/kg			

Direction for use

Use as directed by the clinician or dietitian.

- Introduce K.Vita slowly and in measured amounts.
- Always take with food.
- Take regularly throughout the day preferably at meal times.
- Consume as part of your usual diet but avoid foods and beverages high in sugar.

IMPORTANT NOTICE

Use under medical supervision.

Suitable from 3 years of age.

Not suitable for use as a sole source of nutrition.

Not suitable for use during pregnancy and lactation.

Not suitable for individuals unable to metabolise MCT, for example, those with medium chain acyl-CoA dehydrogenase deficiency (MCADD).

For enteral use only.



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