PRS

GMS



ACBS 🗸

## Description

## Food for special medical purposes.

TYR explore<sup>™</sup>5 is an unflavoured powdered phenylalanine and tyrosine free\* protein substitute containing essential and non-essential amino acids, carbohydrate, sugar, vitamins, minerals, trace elements, arachidonic acid (ARA) and docosahexaenoic acid (DHA).

## Indications

TYR explore5 is for the dietary management of Tyrosinaemia (TYR) from 6 months to 5 years of age.

## **Dosage and Administration**

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

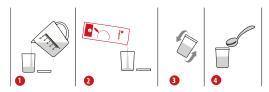
# TYR explore5 (12.5g) = 5g PE

1. The daily protein substitute requirement is given as TYR explore5.

 Additional protein is provided from exchanges of natural protein, to provide restricted amino acids in controlled amounts, which is essential for growth and development.
Foods high in carbohydrate and fat, but low in protein, should be provided to supply the remainder of the energy.

## **Preparation Guidelines**

TYR explore5 is taken as a semi-solid spoonable consistency:



1. Add 12.5ml of cold water into a beaker.

2. Empty the contents of the sachet into the beaker.

3. Secure the lid and shake well for 10 seconds.

4. Leave to stand for 2 minutes, allowing a smooth semi-solid consistency to form. Consume with a spoon.

Water or permitted drinks should be taken after TYR explore5.

The product should be prepared immediately prior to feeding and any remaining product must be discarded if not used within 1hr.

## **IMPORTANT NOTICE**

Must be used under strict medical supervision.

Not suitable for use as a sole source of nutrition.

Suitable from 6 months to 5 years of age.

Must only be consumed by children with proven Tyrosinaemia (TYR).

Diet must be supplemented with natural protein, water and other nutrients in prescribed quantities to provide phenylalanine and tyrosine, fluid and general nutritional requirements.

For enteral use only.

Nutritional Information		TYR explore5 per per				TYR explore5 per per	
		100g	12.5g			100g	12.5g
Energy	kJ		181	Vitamin B12	μg	3.7	0.46
	kcal		43	Pantothenic a	cid mg	7.3	0.91
Fat	g		0.2	Biotin	μg	23	2.9
of which saturates	g		0.09	Sodium	mg	195	24
ARA	mg		35		mmol	8.4	1.0
DHA	mg		18	Chloride	mg	500	63
Carbohydrate	g		5.3		mmol	14	1.8
of which sugars	g		3.5	Potassium	mg	500	63
Protein equivalent	g		5		mmol	12	1.6
L-Phenylalanine*	g		-	Calcium	mg	1100	140
L-Tyrosine*	g		-		mmol	28	3.4
Salt	g		0.06	Phosphorus	mg	730	91
					mmol	23	2.9
Vitamins and minerals				Magnesium	mg	135	17
Vitamin A (RE)	μg		66		mmol	5.5	0.69
Vitamin D	μg		3.4	Iron	mg	16.0	2.0
Vitamin E (aTE)	mg		1.2	Zinc	mg	11.0	1.4
Vitamin K	μg		3.4	Copper	mg	0.78	0.10
Vitamin C	mg		11	lodine	μg	150	19
Thiamin	mg		0.12	Selenium	μg	31	3.9
Riboflavin	mg		0.19	Manganese	mg	0.25	0.03
Vitamin B6	mg		0.14	Chromium	μg	30	3.8
Niacin mg (mg NE)			0.86 (3.1)	Molybdenum µg		40	5.0
Folic acid	μg		29	Others			
				Choline	mg	450	56

TYR Explore

Nutritional	TYR e	explore5			TYR explore5	
Information	per 100g	per 12.5g			per 100g	per 12.5g
Amino acids			L-Lysine	g	3.82	0.48
L-Alanine g	3.01	0.38	L-Methionine	g	0.86	0.11
L-Arginine g	3.70	0.46	L-Proline	g	3.10	0.39
L-Aspartic Acid g	5.71	0.71	L-Serine	g	2.36	0.30
L-Cystine g	1.38	0.17	L-Threonine	g	2.58	0.32
L-Glutamine g	3.50	0.44	L-Tryptophan	g	1.08	0.14
Glycine g	3.01	0.38	L-Valine	g	3.65	0.46
L-Histidine g	2.02	0.25	L-Carnitine	mg	44	5.5
L-Isoleucine g	3.35	0.42	Taurine	mg	88	11
L-Leucine g	5.37	0.67				

xplore

\*No added phenylalanine or tyrosine. These may be present in trace amounts from other ingredients (<10mg/100g powder, <4mg per serving).

# Allergen Declaration

Contains Fish (Tuna). Not suitable for individuals with milk allergy.

Pack Size/Weight explore5 30 x 12.5g  $\ominus$  sachets = 375g

## Flavours

Unflavoured.

# Storage

Store in a cool, dry place. Sachets are designed for single use. Any unused powder should be tightly sealed and used within 24 hours.



