

# Creatine5000

## Description

### A food for special medical purposes.

A powdered creatine amino acid supplement on a carbohydrate base.

## Indications

For use in the dietary management of inborn errors of amino acid metabolism from birth.

## Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

## Preparation Guidelines

To be determined by the clinician or dietitian.

May be used in low protein diets in a variety of ways:

- Mixed in with protein substitute
- Added to modular feeds.
- Incorporated into other permitted food or drink.

Creatine5000 (6g) = 5000mg of Creatine

## IMPORTANT NOTICE

Must only be given to patients with proven inborn errors of amino acid metabolism under strict medical supervision.

Suitable from birth.

Children under 12 months: when made into solution or added to infant formula, use immediately and discard any remaining within 1 hour.

Not for use as a sole source of nutrition.

For enteral use only.

## Nutritional Information

		Per 100g	Per 6g sachet		Per 100g	Per 6g sachet	
Energy	kJ	1246	75	Protein Equivalent	g	70	4.2
	kcal	293	18	Creatine	mg	83333	5000
Fat	g	0	0	Salt	g	<0.08	<0.005
	of which Saturates	g	0				
Carbohydrate	g	3.3	0.2				
	of which Sugars	g	0.2				

## Storage

Store in a cool, dry place.

Sachets are designed for single use and should be used once opened.

## Pack Size/Weight

30 x 6g sachets = 180g

## Flavour

Unflavoured

