

vita
savoury™



Vitasavoury



ACBS

Description

Food for special medical purposes

Vitasavoury is a range of powdered, low volume, high energy, savoury supplements available in **Chicken** and **Golden Vegetable** flavours.

Indications

Vitasavoury is for the dietary management of disease related malnutrition, malabsorption states or other conditions requiring fortification with energy and protein.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

Preparation Guidelines:

1. Empty contents of sachet into a mug or bowl.
2. Boil water and leave to cool for 5 minutes.
3. Add 100ml of hot water to the mug or bowl*.
4. Stir until dissolved, serve and enjoy.

* Alternatively, to increase the nutritional content of Vitasavoury, prepare using 100ml of warm (not boiling) whole milk instead.

	Energy (kcal)	Protein (g)
Prepared with water	309	6
Prepared with whole milk	375	9

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Not for use as a sole source of nutrition.

Suitable from 3 years of age.

For enteral use only.

Nutritional Information

		Per 100g		Per 50g (1 sachet) Vitasavoury	
		C	GV	C	GV
Energy	kJ	2562	2562	1281	1281
	kcal	619	619	309	309
Fat	g	52	52	26	26
	of which saturates	g	23	11.5	11.5
Carbohydrate	g	22.5	22.5	11.3	11.3
	of which sugars	g	1.4	0.7	1.4
Fibre	g	6.4	6.4	3.2	3.2
Protein	g	12	12	6.0	6.0
Salt	g	2.6	2.4	1.3	1.2
Minerals					
Sodium	mg	1021	957	511	479
	mmol	43.9	41.2	22	20.6
Chloride	mg	1207	1223	604	612
	mmol	33.8	34.2	16.9	17.1
Potassium	mg	97	125	48.5	62.5
	mmol	2.4	3.1	1.2	1.6
Calcium	mg	75	73	37.5	36.5
	mmol	1.9	1.8	0.9	0.9
Phosphorus	mg	75.4	70.1	37.7	35.1
	mmol	2.4	2.2	1.2	1.1
Magnesium	mg	13.4	14.7	6.7	7.4
	mmol	0.5	0.6	0.3	0.3

C = Chicken. **GV** = Golden Vegetable.

Osmolality

1 sachet (50g) + 100ml water (standard dilution) =

Chicken: 560 mOsm/kg

Golden Vegetable: 570 mOsm/kg

Allergen declaration

Vitasavoury Chicken contains **Milk (Milk protein),**
Cereals containing gluten (Wheat) and **Soya.**

Vitasavoury Golden Vegetable contains **Milk (Milk protein)** and **Celery.**

Storage

Store in a cool dry place.

Once reconstituted serve immediately.

Pack size/Weight

Vitasavoury - 10 x 50g e sachets - 500g

Available in 2 flavours.

