

PEPTAMEN AF

DESCRIPTION

Peptamen® AF is a 1.5 kcal/ml peptide-based enteral tube feed formulated with partially hydrolysed, 100% whey protein, omega-3 fats and 52% of the fat as MCT. It is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

PRESENTATION

500ml SmartFlex® collapsible semi-rigid bottles,
12 x 500ml per case.

INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland). Indicated for patients as a sole or supplemented source of nutrition on medical grounds for short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, patients with proven IBD, following total gastrectomy, bowel fistulae and disease related malnutrition.

INGREDIENTS

Water, maltodextrin, peptides from partially hydrolysed whey protein (**milk**), MCT oils, soybean oil, **fish** oil, minerals (sodium citrate, potassium citrate, calcium citrate, sodium phosphate, magnesium chloride, sodium chloride, magnesium oxide, potassium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, potassium iodide, chromium chloride, sodium selenate, sodium molybdate), emulsifiers (**soy** lecithin, E471), vitamins (C, E, niacin, pantothenic acid, thiamin, B6, A, riboflavin, folic acid, K, biotin, D, B12), acidity regulator (E525), antioxidant (E304).

Gluten free.

ADMINISTRATION AND DOSAGE

1000-1500 ml for complete nutrition or ≥500 ml for partial nutrition or as recommended by a healthcare professional.

SHELF LIFE AND STORAGE

Important to shake well before use. Unopened, store in a cool, dry place. Once spiked use within 24 hours. Unused portion can be recapped, refrigerated and consumed within 24 hours of opening. If poured out of the pack keep tightly covered and consume within 6 hours if at room temperature.

CONTRAINDICATIONS

Not suitable for patients with cows' milk protein allergy.

PRECAUTIONS

For enteral use only. Suitable for those above 3 years of age.
Do not add food or drugs to the feed.



For healthcare professional use only.

NUTRITION INFORMATION

Typical values	Per 100ml	Per 500ml
General		
Energy kcal	152	761
Energy (100% kcal) kJ	638	3192
Fat (38% kcal) g	6.5	32.5
of which saturates g	3.8	19
- MCT g	3.4	17
of which monounsaturates g	0.65	3.25
of which polyunsaturates g	0.64	3.2
- omega-3 mg	360	1800
- omega-6 mg	820	4100
Carbohydrate (37% kcal) g	14	70
of which sugars g	1.4	7.0
of which lactose g	<0.30	-
Protein (25% kcal) g	9.4	47
Salt g	0.32	1.6
Vitamins		
A µg	170	850
D µg	1.7	8.5
E mg	2.9	14.5
K µg	9.9	49.5
C mg	18	90
Thiamin (B1) mg	0.28	1.4
Riboflavin (B2) mg	0.22	1.1
Niacin mg	1.2	6.0
Niacin mg NE	4.0	20
B6 mg	0.29	1.45
Folic acid µg	40	200
B12 µg	0.45	2.25
Biotin µg	5.4	27
Pantothenic acid mg	0.94	4.7
Minerals		
Sodium mg/mmol	130/5.6	650/28
Potassium mg/mmol	270/6.9	1350/34.5
Chloride mg/mmol	55/1.5	275/7.5
Calcium mg/mmol	100/2.5	500/12.5
Phosphorus mg	60	300
Phosphate mmol	1.9	9.5
Magnesium mg/mmol	30/1.2	150/6.0
Iron mg	1.6	8.0
Zinc mg	1.5	7.5
Copper mg	0.18	0.90
Manganese mg	0.34	1.7
Fluoride mg	0.16	0.80
Selenium µg	10	50
Chromium µg	9.0	45
Molybdenum µg	18	90
Iodine µg	20	100
Other Nutrients		
Water content g	78	-

Osmolality 549 mOsm/kg

Osmolarity: 425 mOsm/l

NE= Niacin Equivalent