

# PEPTAMEN® VANILLA

## DESCRIPTION

Peptamen® Vanilla is a 1.0 kcal/ml liquid sip feed formulated for optimal, digestion and absorption for patients with impaired GI function. It is a 100% whey protein formula with 67% of the fat as MCT. Peptamen® Vanilla is a nutritionally complete Food for Special Medical Purposes with sugars and sweetener for use under medical supervision.

## PRESENTATION

Presented ready to use: 200ml bottle; prescribing unit 4 x 200ml. 6 units (4 x 200ml) per case (24 bottles). Available in Vanilla flavour only.

## INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland). Indicated for patients as a sole or supplemental source of nutrition on medical grounds for short bowel syndrome, intractable malabsorption, proven inflammatory bowel disease and bowel fistulae.

## INGREDIENTS

Water, Maltodextrin, Hydrolysed\* Whey Protein (Milk), Sucrose, Medium Chain Triglycerides, Corn Starch, Soybean Oil, Minerals (Calcium Citrate, Sodium Phosphate, Potassium Phosphate, Sodium Chloride, Potassium Chloride, Magnesium Chloride, Magnesium Oxide, Potassium Citrate, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride, Chromium Chloride, Potassium Iodide, Sodium Selenite, Sodium Molybdate), Emulsifiers (Soy Lecithin, E471), Flavouring, Thickener (E412), Vitamins (C, Beta-Carotene, E, Niacin, Calcium Pantothenate, B6, A, B1 (Thiamin), B2 (Riboflavin), Folic Acid, K, Biotin, D), Acidity Regulator (E525), Choline Chloride, L-Carnitine, Taurine, Sweetener (E950). Gluten free.

\*Used enzyme non halal/kosher

## ADMINISTRATION AND DOSAGE

Suitable as a sole source of nutrition. Nutritionally complete in 1600ml (8 x 200ml per day). Best served chilled.

## SHELF LIFE AND STORAGE

Shelf life of 12 months from date of manufacture. Unopened store in cool, dry place. Once open, recap, refrigerate and use within 24hrs.

## CONTRAINDICATIONS

Not suitable for patients with cows' milk protein allergy.

## PRECAUTIONS

For oral or enteral feeding only. Suitable for children above 3 years of age.



# NUTRITION INFORMATION

Typical values	Per 100ml	Per 200ml
Energy kJ/kcal	420/100	840/200
Fat (33% kcal) g	3.7	7.4
of which saturates g	2.5	5
of which monounsaturates g	0.22	0.44
of which polyunsaturates g	0.5	1
Carbohydrate (51% kcal) g	12.7	25.4
of which sugars g	3.3	6.6
of which lactose g	<0.05	<0.1
Fibre (0% kcal) g	0	0
Protein (16% kcal) g	4	8
Salt (= Na(g) x 2.5) g	0.19	0.38
<b>Vitamins</b>		
A µg	119	238
D µg	1.1	2.2
K µg	6.6	13.2
C mg	14	28
B1 (Thiamin) mg	0.15	0.3
B2 (Riboflavin) mg	0.15	0.3
B6 mg	0.21	0.42
Niacin mg/mg NE	0.77/2.2	1.54/4.4
Folic acid µg	33	66
B12 µg	0.3	0.6
Pantothenic acid mg	0.65	1.3
Biotin µg	3.6	7.2
E mg α-TE	1.5	3
<b>Minerals</b>		
Sodium mg/mmol	74/3.2	148/6.4
Chloride mg/mmol	75/2.1	150/4.2
Potassium mg/mmol	115/3	230/6
Calcium mg/mmol	50/1.3	100/2.6
Phosphorus/Phosphate mg/mmol	50/1.6	100/3.0
Magnesium mg/mmol	20/0.82	40/1.6
Iron mg	1.1	2.2
Zinc mg	1	2
Copper mg	0.11	0.22
Iodine µg	14	28
Selenium µg	6.3	12.6
Manganese mg	0.23	0.46
Chromium µg	5	10
Molybdenum µg	11	22
Fluoride mg	0.09	0.18
<b>Other Nutrients</b>		
MCT g	2.5	5
α-linolenic acid g	0.04	0.08
Linoleic acid g	0.35	0.7
Osmolarity mOsm/l	280	
Osmolality mOsm/kg	330	
Water content per 100ml:	85.3g	