

PEPTAMEN® HN

DESCRIPTION

Peptamen® HN is a 1.33 kcal/ml peptide-based liquid feed formulated for optimal digestion and absorption for patients with impaired GI function. It is a partially hydrolysed, 100% whey protein formula with 70% of the fat as MCT. Peptamen® HN is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

PRESENTATION

500ml SmartFlex® collapsible semi-rigid bottles,
12 x 500ml per case.

1000ml SmartFlex® collapsible semi-rigid bottles,
9 x 1000ml per case.

INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland). Indicated for patients as a sole or supplemental source of nutrition on medical grounds for short bowel syndrome, intractable malabsorption, proven inflammatory bowel disease and bowel fistulae.

INGREDIENTS

Water, maltodextrin, peptides from partially hydrolysed whey protein (milk), MCT oil, soybean oil, minerals (sodium phosphate, magnesium chloride, sodium citrate, calcium phosphate, potassium citrate, potassium chloride, calcium citrate, magnesium oxide, potassium hydroxide, sodium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, potassium iodide, sodium selenate, sodium molybdate), emulsifiers (soy lecithin, E471), vitamins (C, E, niacin, pantothenic acid, B₆, thiamin, riboflavin, A, folic acid, K, biotin, D), choline chloride, stabilisers (E412, E407), L-carnitine, taurine.

Gluten free.

ADMINISTRATION AND DOSAGE

1200-2000 ml for complete nutrition or ≥500 ml for partial nutrition or as recommended by a healthcare professional.

SHELF LIFE AND STORAGE

Important to shake well before use. Unopened, store in a cool, dry place. Once spiked use within 24 hours. Unused portion can be recapped, refrigerated and consumed within 24 hours of opening. If poured out of the pack, keep tightly covered and consume within 6 hours if at room temperature.

CONTRAINDICATIONS

Not suitable for patients with cows' milk protein allergy.

PRECAUTIONS

For enteral use only. Suitable for those above 3 years of age. Do not add food or drugs to the feed.



For healthcare professional use only.

NUTRITION INFORMATION

Typical values	Per 100ml	Per 500ml	Per 1000ml
General			
Energy kcal	133	665	1330
Energy kJ	559	2795	5590
Fat (33% kcal) g	4.9	24.5	49
of which saturates g	3.4	17	34
- MCT g	3.4	17	34
of which monounsaturates g	0.45	2.3	4.5
of which polyunsaturates g	0.55	2.8	5.5
- omega-3 mg	80	400	800
- omega-6 mg	500	2500	5000
Carbohydrate (47% kcal) g	16	78	160
of which sugars g	1.4	7.0	14
of which lactose g	<0.30		
Protein (20% kcal) g	6.6	33	66
Salt g	0.22	1.1	2.2
Vitamins			
A µg	150	750	1500
D µg	1.8	9.0	18
E mg	2.3	11.5	23
K µg	9.0	45	90
C mg	18	90	180
Thiamin (B1) mg	0.23	1.15	2.3
Riboflavin (B2) mg	0.22	1.1	2.2
Niacin mg	0.90	4.5	9.0
Niacin mg NE	3.3	17	33
B6 mg	0.30	1.5	3.0
Folic acid µg	43	215	430
B12 µg	0.40	2.0	4.0
Biotin µg	5.5	28	55
Pantothenic acid mg	0.96	4.8	9.6
Minerals			
Sodium mg/mmol	90/3.9	450/20	900/39
Potassium mg/mmol	180/4.6	900/23	1800/46
Chloride mg/mmol	60/1.7	300/8.5	600/17
Calcium mg/mmol	75/1.9	375/10	750/19
Phosphorus mg	75	375	750
Phosphate mmol	2.4	12	24
Magnesium mg/mmol	27/1.1	135/5.5	270/11
Iron mg	1.6	8.0	16
Zinc mg	1.5	7.5	15
Copper mg	0.17	0.85	1.7
Manganese mg	0.30	1.5	3.0
Fluoride mg	0.16	0.80	1.6
Selenium µg	8.6	43	86
Chromium µg	8.5	43	85
Molybdenum µg	16	80	160
Iodine µg	18	90	180
Other Nutrients			
Taurine mg	10	50	100
L-carnitine mg	14	70	140
Choline mg	35	175	350
Water content g	80	-	-

Osmolality: 430 mOsm/kg

Osmolarity: 350 mOsm/l

NE= Niacin Equivalent