

## DESCRIPTION

Resource® 2.0 Fibre is a 2.0 kcal/ml ready to drink oral nutritional supplement high in energy with added fibre. It is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

## PRESENTATION

Prescribing unit: 4 x 200ml bottles.

Case of 6 Prescribing Units: 24 bottles.

Available in six flavours: Vanilla, Strawberry, Coffee, Apricot, Summer Fruits and Neutral.

## INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland) for the following indications: disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, bowel fistulae, dysphagia and for conditions requiring high energy and low volume diets.

## INGREDIENTS - VANILLA FLAVOUR\*

Water, glucose syrup, milk proteins, rapeseed oil, fibres [galactooligosaccharides (contain milk), fructo-oligosaccharides], sucrose, minerals (sodium citrate, potassium citrate, potassium chloride, chromium chloride, sodium molybdate, potassium iodide, magnesium oxide, magnesium citrate, sodium selenate, ferrous sulphate, sodium chloride, zinc sulphate, calcium citrate, manganese sulphate, copper sulphate, sodium fluoride), emulsifiers (E472e, E471), flavouring, vitamins (C, E, niacin, pantothenic acid, B6, thiamin, riboflavin, A, folic acid, K, biotin, D), acidity regulators (E525, E330), stabiliser (E418).

## ADMINISTRATION AND DOSAGE

Shake well before use. Suitable as sole source of nutrition or supplement.

Recommended dosage: 1-3 servings per day or as recommended by the healthcare professional if used as sole source of nutrition. Nutritionally complete in 1000ml for females and 1260ml for males. For oral or enteral use (to be administered with a suitable diameter tube size).

## SHELF LIFE AND STORAGE

12 months from date of manufacture. Store unopened in a cool, dry place. Once open, refrigerate and use within 24 hours.

## CONTRAINDICATIONS

Not suitable for patients with cows' milk protein allergy.

## PRECAUTIONS

Suitable for children above 3 years of age. Not for parenteral use.



Suitable for children above 3 years of age



Gluten Free



Unsuitable for Cows' Milk Protein Allergy

## NUTRITION INFORMATION - VANILLA FLAVOUR

Typical values	Per 100ml	Per 200ml
<b>General</b>		
Energy kJ/kcal	835/200	1670/400
Fat (39 % kcal) g	8.7	17.4
of which saturates g	0.7	1.4
of which monounsaturates g	5.0	10
of which polyunsaturates g	2.3	4.6
Carbohydrate (40% kcal) g	20	40
of which sugars g	6.0	12
of which lactose g	<1.0	<2.0
Fibre (3% kcal) g	2.5	5
Protein (18% kcal) g	9	18
Salt g	0.25	0.5
<b>Vitamins</b>		
A µg	165	330
D µg	1.8	3.6
E mg	4.0	8.0
K µg	14	28
C mg	17	34
Thiamin mg	0.2	0.4
Riboflavin mg	0.22	0.44
B6 mg	0.35	0.7
Niacin mg/mg NE	1.2/3	2.4/6
Folic acid µg	40	80
B12 µg	0.4	0.8
Pantothenic acid mg	0.88	1.76
Biotin µg	7.0	14
<b>Minerals</b>		
Sodium mg/mmol	100/4.3	200/8.6
Potassium mg/mmol	210/5.4	420/10.8
Chloride mg/mmol	110/3.1	220/6.2
Calcium mg/mmol	190/4.8	380/9.5
Phosphorus/Phosphate mg/mmol	130/4.2	260/8.4
Magnesium mg/mmol	20/0.83	40/1.66
Iron mg	1.5	3.0
Zinc mg	1.7	3.4
Copper mg	0.2	0.4
Manganese mg	0.32	0.64
Fluoride mg	0.15	0.3
Selenium µg	12	24
Chromium µg	6.5	13
Molybdenum µg	15	30
Iodine µg	20	40
<b>Other Nutrients</b>		
Water Content g	69	

Osmolarity: 520 mOsm/l  
 Osmolality: 805 mOsm/kg  
 NE= Niacin Equivalent

\*See individual packs for other flavours

Recipe Code: ACBL053-3

