

## DESCRIPTION

Oral Impact® is a powdered oral feed that provides 1.0 kcal/ml when reconstituted with water. Nutritionally complete Food for Special Medical Purposes with omega-3 fatty acids, arginine, nucleotides and soluble fibre. For use under medical supervision.

## PRESENTATION

5 sachets x 74g per box. Available in Tropical flavour.

## INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland). Indicated for the preoperative nutritional support of patients who are malnourished or at risk of becoming malnourished.

## INGREDIENTS - TROPICAL FLAVOUR

Sucrose, whey protein (milk), maltodextrin, L-arginine, fish oil, fibre (guar gum), minerals (potassium citrate, sodium chloride, calcium phosphate, magnesium citrate, potassium dihydrogen phosphate, ferrous sulphate, zinc sulphate, copper gluconate, manganese sulphate, chromium chloride, potassium iodide, sodium selenite, sodium molybdate, sodium fluoride), medium chain triglycerides, corn oil, acidity regulator (E330), Ribonucleotides (RNA) extracted from yeast, stabiliser (E415), choline bitartrate, emulsifier (soy lecithin), vitamins (C, E, pantothenic acid, niacin, B6, B1, B2, A, folic acid, D, K, biotin), flavourings, antioxidants (E304, E306, E 307, contains soy lecithin), colours (beetroot red, beta carotene).

## ADMINISTRATION AND DOSAGE

Recommended daily dosage: 3 units daily as a supplement for 7 days preoperatively. Continue with 4-5 units daily for at least 7 days postoperatively in case of malnutrition, or as recommended by the Health Care Professional.

1. Dissolve contents of one sachet in 250ml of cooled, boiled water.
2. Use shaker, whisk or fork to mix.
3. Consume immediately.

## SHELF LIFE AND STORAGE

12 months from date of manufacture. Store unopened in a cool, dry place away from light and humidity. Once prepared, products should be tightly covered and consumed within 6 hours at room temperature or within 24 hours if refrigerated.

## CONTRAINDICATIONS

Unsuitable for patients with cows' milk protein allergy. Do not administer to severely septic patients.

## PRECAUTIONS

Only suitable for adults. For oral use only. Do not mix with medication and food.



Only suitable for Adults



Gluten Free



Halal



Unsuitable for Cows' Milk Protein Allergy

## NUTRITION INFORMATION - TROPICAL FLAVOUR

Typical values	Per 100g	Per 74g (Tropical flavour*)
<b>General</b>		
Energy kJ/kcal	1763/418	1304/309
Fat (22% kcal) g	10	7.4
of which saturates g	5.1	3.8
of which monounsaturates g	2.1	1.5
of which polyunsaturates g	3.2	2.4
Carbohydrate (54% kcal) g	56	41
of which sugars g	30	22
of which lactose g	1.2	0.89
Fibre (2% kcal) g	4.1	3
Protein (23% kcal) g	24	18
Salt g	1.1	0.81
<b>Vitamins</b>		
A µg	520	385
D µg	4.2	3.1
K µg	27	20
C mg	105	78
Thiamin (B1) mg	0.49	0.36
Riboflavin (B2) mg	0.80	0.59
B6 mg	0.70	0.52
Niacin mg/mg NE	1.7/6.5	1.3/4.8
Folic acid µg	140	104
B12 µg	2.5	1.8
Pantothenic acid mg	4	3
Biotin µg	20	15
E mg %TE	12	8.9
<b>Minerals</b>		
Sodium mg/mmol	434/19	321/14
Chloride mg/mmol	608/17	450/13
Potassium mg/mmol	543/14	402/10
Calcium mg/mmol	324/8.1	240/6.0
Phosphorus/Phosphate mg/mmol	292/9.4	216/7.0
Magnesium mg/mmol	70/2.9	52/2.2
Iron mg	4.9	3.6
Zinc mg	5	3.7
Copper mg	0.69	0.51
Iodine µg	61	45
Selenium µg	25	18
Manganese mg	0.81	0.6
Chromium µg	41	30
Molybdenum µg	50	37
Fluoride mg	0.54	0.4
<b>Other nutrients</b>		
Choline mg	165	122
L-arginine g	5.1	3.8
Omega-3 g	1.3	0.96
MCT g	3	2.2
Nucleotides g	0.6	0.4

Osmolarity: 520 mOsm/l  
Osmolality: 620 mOsm/kg  
Water content per 250ml: 74g

